

# TRANSITION OF CARE: TIPS FOR YOUNG ADULTS

## Helping you take ownership of your eczema care

**DUPIXENT**<sup>®</sup>  
(dupilumab) Injection  
200mg · 300mg

Congratulations for taking this step toward caring for your uncontrolled moderate-to-severe eczema. Preparing now can help you feel ready to manage your care and form a good partnership with your healthcare provider.

DUPIXENT MyWay<sup>®</sup> is here to support you. Keep these tips and helpful resources nearby as you go through this process.

## FINDING A HEALTHCARE PROVIDER

### **STEP 1:** Request your medical records from your prior healthcare provider

Have your records handy to send to your new healthcare provider to help ensure a smooth transition.

### **STEP 2:** Find a new healthcare provider near you

Use this [online tool](#) to read patient reviews and find experienced specialists who treat eczema.

Sanofi US and Regeneron do not endorse or recommend any particular physician, and search results do not include a comprehensive list of doctors in your area.



### **STEP 3:** Schedule an appointment with a new healthcare provider

**After the appointment**, ask yourself these questions (and more) to assess whether the healthcare provider is a good fit:

- Did the healthcare provider work with me on a treatment plan?
- Did the healthcare provider help me understand my condition better?
- Does the healthcare provider understand eczema on my skin tone?

### **STEP 4:** Learn more about your insurance coverage

Out-of-pocket costs for DUXIPENT may be covered by your insurance or the DUXIPENT MyWay Copay Card\*.

[Check your eligibility](#) using the cost and coverage tool.



\*THIS IS NOT INSURANCE. The DUXIPENT MyWay Copay Program is not valid for prescriptions paid, in whole or in part, by Medicaid, Medicare, VA, DOD, TRICARE, or other federal or state programs, including any state pharmaceutical assistance programs. Program has an annual maximum of \$13,000. Additional terms and conditions apply.

*"I started taking more ownership of my eczema care in high school: doing my own research, watching videos about eczema, and keeping track of flare-ups."*



#### **Cristal.**

DUPIXENT MyWay  
Patient Ambassador.

Living with moderate eczema.  
Taking DUXIPENT since 2018.  
Individual results may vary.

*"I had already started DUXIPENT by the time I moved to a new city for my first job. But I needed to find a new dermatologist."*



#### **Adante.**

DUPIXENT MyWay  
Patient Ambassador.

Living with severe eczema.  
Taking DUXIPENT since 2020.  
Individual results may vary.

► Watch our [Transition of Care video](#) for tips and insight from caregivers and patients like you



## INDICATION

DUPIXENT is a prescription medicine used to treat adults and children 6 months of age and older with moderate-to-severe eczema (atopic dermatitis or AD) that is not well controlled with prescription therapies used on the skin (topical), or who cannot use topical therapies. DUXIPENT can be used with or without topical corticosteroids. It is not known if DUXIPENT is safe and effective in children with atopic dermatitis under 6 months of age.

## IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUXIPENT.

Please see additional Important Safety Information on next page and click here for full [Prescribing Information](#) and [Patient Information](#).

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## TIPS FOR MANAGING YOUR CARE INDEPENDENTLY

Moving away from home, and need extra support in managing your care? See how the *DUPIXENT MyWay*® Program can help.

Here are a few tips to help you get started:



Sign up for supplemental injection training with a Nurse Educator from a *DUPIXENT MyWay* Case Manager



Learn how to manage prescription refills with your specialty pharmacy



Create an injection routine that fits your schedule using our patient app



Learn how to set up medication and injection site reminders on your phone



Visit our Injection Support Center to get more familiar with self-injection



Track your symptoms over time and share your information with your healthcare provider



Learn about storage requirements and traveling with *DUPIXENT*



## Get Additional Support

Sign up for the *DUPIXENT MyWay* Program.

- Case Managers answer questions about insurance and more
- Nurse Educators offer supplemental injection training and support



Add *DUPIXENT MyWay* as a contact on your mobile phone.

Stay on track with our Patient App.

- Contact your *DUPIXENT MyWay* Support Team for an invitation to get started

## HELPFUL RESOURCES TO SUPPORT YOUNG ADULTS

### *DUPIXENT MyWay*

If you're 18 years of age or older, enroll in our Patient Support Program for support from Case Managers and Nurse Educators.

Dial **1-844-DUPIXENT (1-844-387-4936), option 1**

Monday-Friday, 8 AM-9 PM ET.

### Explore the [DUPIXENT YouTube Channel](#)

Hear from other *DUPIXENT* patients like you, and access helpful training videos.



## IMPORTANT SAFETY INFORMATION

Use *DUPIXENT* exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject *DUPIXENT*. **Do not** try to prepare and inject *DUPIXENT* until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended *DUPIXENT* be administered by or under supervision of an adult. In children 6 months to less than 12 years of age, *DUPIXENT* should be given by a caregiver.

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## IMPORTANT SAFETY INFORMATION (cont'd)

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:**

- have eye problems.
- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a “live vaccine” right before and during treatment with DUPIXENT.
- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or if you have atopic dermatitis and asthma and use an asthma medicine. **Do not** change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.

**DUPIXENT can cause serious side effects, including:**

- **Allergic reactions. DUPIXENT can cause allergic reactions that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Eye problems.** Tell your healthcare provider if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an eye exam if needed.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with eczema include** injection site reactions, eye and eyelid inflammation, including redness, swelling, and itching, sometimes with blurred vision, dry eye, cold sores in your mouth or on your lips, and high count of a certain white blood cell (eosinophilia).

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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**Please see accompanying full [Prescribing Information](#) including [Patient Information](#).**

