

# LET'S HAVE SOME FUN!

Explore our DUPIXENT Asthma Caregiver Activities Sheet—crafted to turn injection time into a positive experience for your child (aged 6-11 years). With creative drawing spaces, word hunts, and personalized playlists, use this sheet to help your child feel more comfortable during injection time.

DUPIXENT is given as an injection under the skin (subcutaneous injection).

If your healthcare provider decides that you or a caregiver can give the injections of DUPIXENT, you or your caregiver should receive training on the right way to prepare and inject DUPIXENT. **Do not** try to inject DUPIXENT until you have been shown the right way by your healthcare provider.

## DOODLE TIME

**Let's draw!** Use the space below to draw something Pixi might like to do outside.



"Hi, I'm Pixi and I love to spend time outside!"



**Caregiver Tip:** Have a sketchpad or paper with you each time your child takes DUPIXENT. Give them a different prompt each time and see what they create!

## INDICATION

DUPIXENT is a prescription medicine used with other asthma medicines for the maintenance treatment of moderate-to-severe eosinophilic or oral steroid dependent asthma in adults and children 6 years of age and older whose asthma is not controlled with their current asthma medicines. DUPIXENT helps prevent severe asthma attacks (exacerbations) and can improve your breathing. DUPIXENT may also help reduce the amount of oral corticosteroids you need while preventing severe asthma attacks and improving your breathing. DUPIXENT is not used to treat sudden breathing problems. It is not known if DUPIXENT is safe and effective in children with asthma under 6 years of age.

## IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

**Please see additional Important Safety Information throughout and accompanying full [Prescribing Information](#) including [Patient Information](#).**



## WORD HUNT

Using the letters in "Accomplishment," can you make 20 other words?

### ACCOMPLISHMENT

1. TEN	6.	11.	16.
2.	7.	12.	17.
3.	8.	13.	18.
4.	9.	14.	19.
5.	10.	15.	20.

Check the answer key on page 3 to see if you found some of the same words as us. There are a lot more words to make, so keep going if you can! If you run out of words to make, ask for another word.

## CREATE A PLAYLIST

What songs make you feel happy or make you want to dance? Create a playlist with your favorite songs that you can listen to when it's time to take DUPIXENT.

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## WHO'S GOT THE MOVES?

Let's dance it out before or after the injection!  
This move is called the Pixi Shuffle.



**STEP 1**

Step to the left with your left foot and put your hands out to your side



**STEP 2**

Cross your right foot in front of your left foot, and cross your hands in front of you



**STEP 3**

Take another step to the left with your left foot and put your hands out to your side



**STEP 4**

Bring your right foot next to your left foot so that your feet are now together and cross your hands in front of you









**STEP 5**

Spin all the way around. Then repeat steps 1-5 going to your right

"What other moves do you know? See if others can copy your silliest move, or teach them a new dance you like!"

## More activities to try before, during, or after injection time

-  Play a board or video game
-  Read a book together
-  Watch a funny video
-  Tell stories
-  Do a puzzle
-  Share a joke



**Caregiver tip:** After the injection, congratulate your child for doing a great job. Making injection time fun and providing encouragement along the way can help your child feel more confident and ready for their next injection.

## IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have a parasitic (helminth) infection
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

Please see additional Important Safety Information throughout and accompanying full [Prescribing Information](#) including [Patient Information](#).



## IMPORTANT SAFETY INFORMATION (cont'd)

**Before using DUXIXENT, tell your healthcare provider about all your medical conditions, including if you (con't):**

- are pregnant or plan to become pregnant. It is not known whether DUXIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUXIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study-dupixent>.
- are breastfeeding or plan to breastfeed. It is not known whether DUXIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or use an asthma medicine. **Do not** change or stop your corticosteroid medicine or other asthma medicine without talking to your healthcare provider. This may cause other symptoms that were controlled by the corticosteroid medicine or other asthma medicine to come back.

**DUXIXENT can cause serious side effects, including:**

- **Allergic reactions. DUXIXENT can cause allergic reactions that can sometimes be severe.** Stop using DUXIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Inflammation of your blood vessels.** Rarely, this can happen in people with asthma who receive DUXIXENT. This may happen in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. It is not known whether this is caused by DUXIXENT. Tell your healthcare provider right away if you have: rash, chest pain, worsening shortness of breath, a feeling of pins and needles or numbness of your arms or legs, or persistent fever.
- **Joint aches and pain.** Some people who use DUXIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUXIXENT if you develop joint symptoms.

**The most common side effects in patients with asthma include** injection site reactions, high count of a certain white blood cell (eosinophilia), pain in the throat (oropharyngeal pain), and parasitic (helminth) infections.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUXIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUXIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUXIXENT. **Do not** try to prepare and inject DUXIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUXIXENT be administered by or under supervision of an adult. In children 6 to less than 12 years of age, DUXIXENT should be given by a caregiver.

**Please see accompanying full [Prescribing Information](#) including [Patient Information](#).**



Flip upside down to see the words we found!

20.SAIL  
19.POTS  
18.THEM  
17.TEAM  
16.HAT

15.HIM  
14.LIE  
13.PEN  
12.PIN  
11.TOE

10.TIN  
9.MOP  
8.MAN  
7.ICE  
6.SEA

5.IT  
4.HE  
3.SHE  
2.ME  
1.TEN